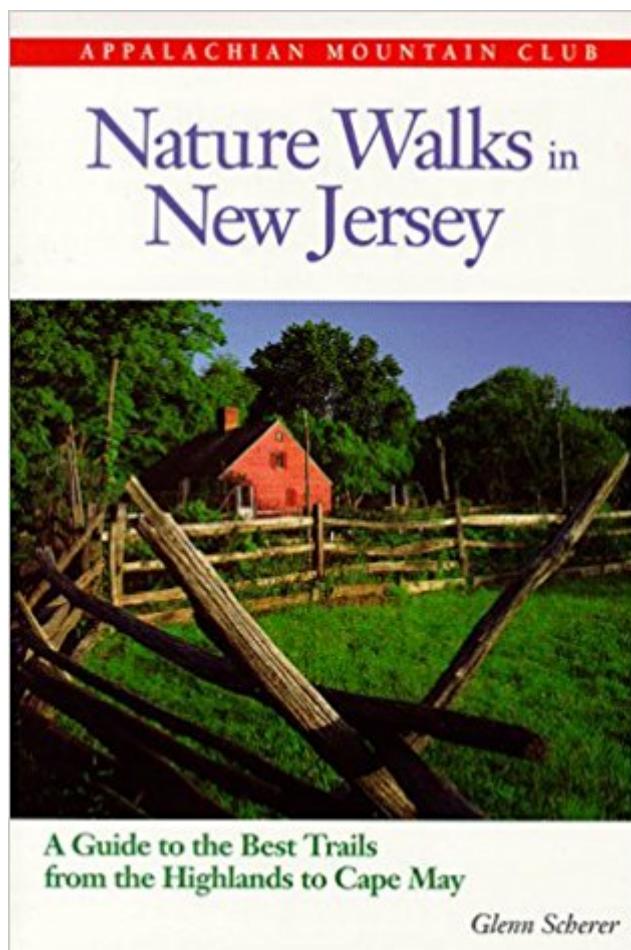


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# Nature Walks In New Jersey: A Guide To The Best Trails From The Highlands To Cape May



## **Synopsis**

Black and white maps and photos.

## **Book Information**

Paperback: 248 pages

Publisher: Appalachian Mountain Club Books; 1st edition (August 1, 1998)

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## **Customer Reviews**

Discover more than 45 guided nature tours of New Jersey's most beautiful natural areas. With more than 1,000 miles of trails to explore, New Jersey will surprise you with the variety and abundance of its natural places - the beaches of Cape May, Sandy Hook and Holgate, the lush countryside of the Highlands, and the challenging mountainous terrain of the Appalachian Trail and Palisades. This handy book includes a locator map and highlights chart for each walk and lists of hiking tips and trail safety. There is a rating system for each walk that includes distances, elevation gain, and hiking times. But wait - there are also informative nature essays on flowers, wildlife, geology, and natural history, as well as photographs of plant life and places of interest.

Anyone who has even the most basic understanding of the woods and of hiking will find this book a fine companion for a hike in NJ. The author has a nicely literary style (pretty rare for this genre), and gives equal time discussing geology, flora, fauna, and history. There are a number of new and interesting hikes, not just the "same old" ones that are so commonly written up. The maps are also very good. Scherer also has a lot of interesting insights on ecological matters. All in all, it's a book that should become a standard for New Jersey outdoor lovers.

From one nature lover to another: I've done a few hikes in this book and I plan to do more, these are

the best hikes ever. The layout of the book is superb, and the descriptions of the hikes as well as the trail markings, are accurate and easy to follow. I had no trouble finding my way along the trails, even late in the day. This book really does guide you to the best hikes in NJ. I recommend the Terrace Pond hike, its a 10!

The book is very informative and useful. Hiking directions are precise and up to date. Information on local flora and fauna are given for each hike, as well as geological structures that are present. Local history is also given for many of the hikes, which are insightful and interesting

Beware: The author has not indicated the quality of markings within these trails. On my wife's and my first outing we chose an EASY trail. The 'trail' was no more than single track, overgrown, and after 2 miles we were lost. We finally hitchhiked back to the start along 4 miles of highway (thank God we found that --- there had been evidence of bears!). Although trail maintenance is not the author's responsibility, the book may lead the uninitiated to believe it's a "walk in the park".

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